Venue: Kapi'olani park

Sport: Lacrosse

Emergency Personnel

Present: participating head coach, assistant coach, parent volunteer

Emergency Equipment

As deemed necessary by host participating head coach recommended minimal supplies:

- instant ice pack or ice
- water (as available at park)
- first aid supplies
- AED (for high school practices and games and middle school games)

Communication

Personal cell phones. The following individuals are designated to call 911 if deemed appropriate for the emergency situation:

- participating head coach
- assistant coach

Information to provide EMS Personnel

- Name of caller, Kapi'olani Park Either Practice field or Rugby Field (see below for EMS Access instructions), number of caller
- Number of victims, condition of victim(s)
- First aid treatment initiated
- If EMS is called provide directions and access to scene:
 - Directions to Kapi'olani Park
 - Either direct EMS to the Practice field on Paki Ave by the small parking lot across from the Paki Administrative Building
- OR
 - Direct EMS to the Rugby Field in the center of Kapi'olani Park by the Goal Post
 - Access the field from the small parking lot on Paki Avenue across from the Paki Administrative Building (makai side of street)

Role of the First Responder

- 1. Control Scene (gain access to athlete)
- 2. Initial Assessment (determine state of consciousness, breathing, and pulse)
- 3. Detailed Assessment (determine extent of injury/illness)
- 4. Call 911 or designate adult to call 911 and report back to Head Coach

5. Initiate Immediate care of injured athlete

Role of Assistant Coach (back up: Parent Volunteer)

- 1. Call 911 if directed by Head Coach
- 2. Designate individual to "flag down" EMS at small parking lot and direct to scene
- 3. Scene control: limit scene to first aid providers and move bystanders away from area